



# TROUW

SPECIALIST IN BUCKWHEAT  
AND GLUTEN FREE PROCESSING

Product	Standard Packaging type	Conventional quality	Organic quality	Gluten free <20 ppm
<i>Package size may vary on request</i>				
<b>Buckwheat products</b>				
buckwheat (hulled, unhulled)	25 kg bag / bigbag	✓	✓	✓
buckwheat flakes	25 kg bag / bigbag	✓	✓	✓
buckwheat flour (normal or roasted)	25 kg bag / bigbag	✓	✓	✓
buckwheat grits fine	25 kg bag / bigbag	✓	✓	✓
buckwheat grits large	25 kg bag / bigbag	✓	✓	✓
buckwheat grits medium	25 kg bag / bigbag	✓	✓	✓
buckwheat grits mix	25 kg bag / bigbag	✓	✓	✓
buckwheat roasted "Kasha"	25 kg bag / bigbag	✓	✓	✓
buckwheat flakes extruded	25 kg bag / bigbag	✓	✓	✓
instant flakes buckwheat natural	25 kg bag / bigbag	✓	✓	✓
instant flakes buckwheat with honey	25 kg bag / bigbag	✓	✓	✓
puffed buckwheat natural	25 kg bag / bigbag	✓	✓	✓
puffed buckwheat with honey	25 kg bag / bigbag	✓	✓	✓
<b>Vegan mixes</b>				
burger mix Indian style	25 kg bag / bigbag	✓	✓	✓
burger mix Moroccan style	25 kg bag / bigbag	✓	✓	✓
Mince mix (meat mince & meatballs)	25 kg bag / bigbag	✓		✓
omelet mix (no egg)	25 kg bag / bigbag	✓	✓	✓
egg replacer	25 kg bag / bigbag	✓		✓
egg white replacer	25 kg bag / bigbag	✓		✓
<b>Gluten free grains</b>				
amaranth	25 kg bag / bigbag	✓	✓	✓
couscous instant (corn)	25 kg bag / bigbag	✓		✓
millet hulled	25 kg bag / bigbag	✓	✓	✓
polenta instant	25 kg bag / bigbag	✓	✓	✓
popcorn mais	25 kg bag / bigbag	✓	✓	✓
oats flakes (small, large)	25 kg bag / bigbag	✓	✓	✓
oat bran	25 kg bag / bigbag	✓		✓
rice white	25 kg bag / bigbag	✓	✓	✓
rice wholegrain	25 kg bag / bigbag	✓	✓	✓
sorghum (white)	25 kg bag / bigbag	✓	✓	✓
teff (brown, white)	25 kg bag / bigbag	✓	✓	✓
<b>Flours</b>				
almond flour (flour, protein, defatted flour)	25 kg bag / bigbag	✓	✓	✓
almond flour natural (with husk)	25 kg bag / bigbag	✓	✓	✓
almond bran / fibre	25 kg bag / bigbag	✓		✓
amaranth flour	25 kg bag / bigbag	✓	✓	✓
banana flour (plantain)	25 kg bag / bigbag	✓	✓	✓



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buckwheat flour	25 kg bag / bigbag	✓	✓	✓
buckwheat flour roasted (kasha)	25 kg bag / bigbag	✓	✓	✓
chestnut flour	25 kg bag / bigbag	✓	✓	✓
chickpea flour	25 kg bag / bigbag	✓	✓	✓
coconut flour	25 kg bag / bigbag	✓	✓	✓
coffee flour (coffee berries)	25 kg bag / bigbag	✓		✓
corn flour	25 kg bag / bigbag	✓	✓	✓
corn starch	25 kg bag / bigbag	✓	✓	✓
fava bean protein and starch	25 kg bag / bigbag	✓	✓	✓
fonio flour	25 kg bag / bigbag	✓	✓	✓
grape seed flour	25 kg bag / bigbag	✓	✓	✓
hazelnut flour	25 kg bag / bigbag	✓	✓	✓
hemp flour	25 kg bag / bigbag	✓	✓	✓
lentil flour (green)	25 kg bag / bigbag	✓	✓	✓
lentil flour (red)	25 kg bag / bigbag	✓	✓	✓
lentil flour (yellow)	25 kg bag / bigbag	✓	✓	✓
lupin flour	25 kg bag / bigbag	✓	✓	✓
manioc flour	25 kg bag / bigbag	✓	✓	✓
millet flour	25 kg bag / bigbag	✓	✓	✓
mung bean flour	25 kg bag / bigbag	✓	✓	✓
oat flour	25 kg bag / bigbag	✓	✓	✓
pea protein flour and starch	25 kg bag / bigbag	✓	✓	✓
pumpkin flour (protein)	25 kg bag / bigbag	✓	✓	✓
psyllium fibres	25 kg bag / bigbag	✓	✓	✓
quinoa flour	25 kg bag / bigbag	✓	✓	✓
rice flour (brown)	25 kg bag / bigbag	✓	✓	✓
rice flour (white)	25 kg bag / bigbag	✓	✓	✓
sesame seeds flour	25 kg bag / bigbag	✓	✓	✓
sorghum flour	25 kg bag / bigbag	✓	✓	✓
soy flour non - toasted (enzyme active)	25 kg bag / bigbag	✓	✓	✓
soy flour toasted (enzyme inactive)	25 kg bag / bigbag	✓	✓	✓
sweet potato flour (yam)	25 kg bag / bigbag	✓		✓
tapioca starch	25 kg bag / bigbag	✓	✓	✓
teff flour (white & brown)	25 kg bag / bigbag	✓	✓	✓
tigernut flour (coarse)	25 kg bag / bigbag	✓	✓	✓
tigernut flour (fine)	25 kg bag / bigbag	✓	✓	✓
white bean flour	25 kg bag / bigbag	✓	✓	✓
<b>Baking mixtures</b>				
almond baking mix	25 kg bag / bigbag	✓	✓	✓
almond paste mix	25 kg bag / bigbag	✓	✓	✓
american pancake mix "breakfast style"	25 kg bag / bigbag	✓	✓	✓



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baking mix spiced cookie (kruidnoten)	25 kg bag / bigbag	✓	✓	✓
baking mix gingerbread cookie	25 kg bag / bigbag	✓	✓	✓
banana bread mix	25 kg bag / bigbag	✓	✓	✓
bean bread mix (protein)	25 kg bag / bigbag	✓	✓	✓
bread mix brown	25 kg bag / bigbag	✓	✓	✓
bread mix fibre rich	25 kg bag / bigbag	✓	✓	✓
bread mix fibre rich lactose free	25 kg bag / bigbag	✓	✓	✓
bread mix mix me	25 kg bag / bigbag	✓	✓	✓
bread mix white	25 kg bag / bigbag	✓	✓	✓
bread mix with raisins	25 kg bag / bigbag	✓	✓	✓
bread mix with teff	25 kg bag / bigbag	✓	✓	✓
brownie mix	25 kg bag / bigbag	✓		✓
cakemix caramel "stroopwafel"	25 kg bag / bigbag	✓		✓
cakemix chocolate	25 kg bag / bigbag	✓		✓
cakemix lemon	25 kg bag / bigbag	✓	✓	✓
cakemix naturel	25 kg bag / bigbag	✓	✓	✓
cakemix vanilla	25 kg bag / bigbag	✓	✓	✓
cakemix with spices	25 kg bag / bigbag	✓	✓	✓
Dutch doughnut mix (oliebollen)	25 kg bag / bigbag	✓		✓
oat breadmix	25 kg bag / bigbag	✓	✓	✓
fish batter mix	25 kg bag / bigbag	✓		✓
flour mix	25 kg bag / bigbag	✓	✓	✓
muffin mix chocolate	25 kg bag / bigbag	✓		✓
muffin mix fruit	25 kg bag / bigbag	✓		✓
pancake mix	25 kg bag / bigbag	✓	✓	✓
pancake mix (protein)	25 kg bag / bigbag	✓	✓	✓
pastry mix	25 kg bag / bigbag	✓		✓
pizza mix	25 kg bag / bigbag	✓	✓	✓
raisin bread mix	25 kg bag / bigbag	✓	✓	✓
red velvet mix	25 kg bag / bigbag	✓		✓
scones baking mix	25 kg bag / bigbag	✓		✓
universal baking mix / self-rising	25 kg bag / bigbag	✓	✓	✓
<b>Flakes</b>				
amaranth Flakes	25 kg bag / bigbag	✓	✓	✓
buckwheat flakes	25 kg bag / bigbag	✓	✓	✓
chickpea flakes	25 kg bag / bigbag	✓	✓	✓
cornflakes	25 kg bag / bigbag	✓	✓	✓
Instant buckwheat natural	25 kg bag / bigbag	✓	✓	✓
Instant buckwheat with honey	25 kg bag / bigbag	✓	✓	✓
millet flakes	25 kg bag / bigbag	✓	✓	✓
oat flakes (small, large)	25 kg bag / bigbag	✓	✓	✓



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red lentil flakes	25 kg bag / bigbag	✓	✓	✓
quinoa flakes	25 kg bag / bigbag	✓	✓	✓
rice flakes	25 kg bag / bigbag	✓	✓	✓
sorghum flakes	25 kg bag / bigbag	✓	✓	✓
soy flakes	25 kg bag / bigbag	✓	✓	✓
teff flakes	25 kg bag / bigbag	✓	✓	✓
tigernut flakes 'Chufa'	25 kg bag / bigbag	✓	✓	✓
<b>Puffed products</b>				
puffed amaranth	15 kg bag / bigbag	✓	✓	✓
puffed buckwheat natural	15 kg bag / bigbag	✓	✓	✓
puffed buckwheat with honey	15 kg bag / bigbag	✓	✓	✓
Puffed oats	15 kg bag / bigbag	✓	✓	✓
Puffed rice	15 kg bag / bigbag	✓	✓	✓
Puffed sorghum	15 kg bag / bigbag	✓	✓	✓
Puffed teff	15 kg bag / bigbag	✓	✓	✓
Puffed quinoa	15 kg bag / bigbag	✓	✓	✓
<b>Grits</b>				
buckwheat grits fine	25 kg bag / bigbag	✓	✓	✓
buckwheat grits large	25 kg bag / bigbag	✓	✓	✓
buckwheat grits medium	25 kg bag / bigbag	✓	✓	✓
buckwheat grits mix	25 kg bag / bigbag	✓	✓	✓
corn grits	25 kg bag / bigbag	✓	✓	✓
<b>Pulses</b>				
beluga lentils	25 kg bag / bigbag	✓	✓	✓
black beans	25 kg bag / bigbag	✓	✓	✓
black eyed beans	25 kg bag / bigbag	✓	✓	✓
black lentils	25 kg bag / bigbag	✓	✓	✓
brown beans	25 kg bag / bigbag	✓	✓	✓
brown lentils	25 kg bag / bigbag	✓	✓	✓
chickpeas (7 mm, 8 mm)	25 kg bag / bigbag	✓	✓	✓
flageolets green	25 kg bag / bigbag	✓		✓
green lentils	25 kg bag / bigbag	✓	✓	✓
green speckled lentils	25 kg bag / bigbag	✓	✓	✓
green peas	25 kg bag / bigbag	✓	✓	✓
green split peas	25 kg bag / bigbag	✓	✓	✓
kidney beans (dark red)	25 kg bag / bigbag	✓		✓
marrowfats peas	25 kg bag / bigbag	✓		✓
mung beans	25 kg bag / bigbag	✓	✓	✓
pinto beans	25 kg bag / bigbag	✓	✓	✓
red lentils (split or football)	25 kg bag / bigbag	✓	✓	✓
white beans (small, large)	25 kg bag / bigbag	✓	✓	✓



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white split lentils	25 kg bag / bigbag		✓	✓
yellow lentils	25 kg bag / bigbag	✓	✓	✓
Yellow split peas	25 kg bag / bigbag	✓	✓	✓
<b>Seeds</b>				
chia seeds	25 kg bag / bigbag	✓	✓	✓
flaxseed (yellow, brown, broken)	25 kg bag / bigbag	✓	✓	✓
hemp seeds (hulled, unhulled)	25 kg bag / bigbag	✓	✓	✓
pumpkin seeds (shine skin AA, GWS AA)	25 kg bag / bigbag	✓	✓	✓
teff (brown, ivory)	25 kg bag / bigbag	✓	✓	✓
quinoa white	25 kg bag / bigbag	✓	✓	✓
quinoa black	25 kg bag / bigbag	✓	✓	✓
quinoa red	25 kg bag / bigbag	✓	✓	✓
quinoa duo (red & white)	25 kg bag / bigbag	✓	✓	✓
quinoa tricolore (red, black & white)	25 kg bag / bigbag	✓	✓	✓
sesame seeds (hulled)	25 kg bag / bigbag	✓	✓	✓
sesame seeds naturel (unhulled)	25 kg bag / bigbag	✓	✓	✓
sesame seeds toasted	25 kg bag / bigbag	✓	✓	✓
sunflower seeds	25 kg bag / bigbag	✓	✓	✓
<b>Baking ingredients</b>				
almond bran	25 kg bag / bigbag	✓		✓
apple fibre	25 kg bag / bigbag	✓		✓
baking powder	25 kg bag / bigbag	✓	✓	✓
breadcrumbs	25 kg bag / bigbag	✓		✓
citrus fibre	25 kg bag / bigbag	✓		✓
coconut blossom sugar	25 kg bag / bigbag		✓	✓
cocoa powder	25 kg bag / bigbag	✓		✓
corn starch (native)	25 kg bag / bigbag	✓	✓	✓
corn starch (pre-gelatinized)	25 kg bag / bigbag	✓	✓	✓
guar gum	25 kg bag / bigbag	✓	✓	✓
locust bean gum	25 kg bag / bigbag	✓		✓
oat fibre	25 kg bag / bigbag	✓		✓
salt (iodised or normal)	25 kg bag / bigbag	✓		✓
sea salt	25 kg bag / bigbag	✓		✓
skimmed milk powder (also lactose free)	25 kg bag / bigbag	✓	✓	✓
soy lecithin	25 kg bag / bigbag	✓	✓	✓
sunflower lecithin	25 kg bag / bigbag	✓	✓	✓
sweet whey powder	25 kg bag / bigbag	✓		✓
xanthan gum	25 kg bag / bigbag	✓		✓



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<b>Breakfast cereals</b>				
cornflakes	20 kg bag	✓	✓	✓
crunchy Ginger & Lemon	20 kg bag	✓	✓	✓
crunchy Oats	20 kg bag	✓	✓	✓
crunchy Honey & Nuts	20 kg bag	✓	✓	✓
granola Roasted Buckwheat, Nuts & Seeds	20 kg bag	✓	✓	✓
granola Oats & Fruit	20 kg bag	✓	✓	✓
granola Roasted Buckwheat, Cinnamon & Honey	20 kg bag	✓	✓	✓
granola Pulses & Seeds	20 kg bag	✓	✓	✓
granola Pulses & Turmeric	20 kg bag	✓	✓	✓
oat bran	20 kg bag	✓	✓	✓
oat porridge apple & cinnamon	20 kg bag	✓	✓	✓
oat porridge chocolate	20 kg bag	✓		✓
omega-3 seed mix	20 kg bag	✓	✓	✓
seed mix	20 kg bag	✓	✓	✓